



Baby Stegall's BIRTH PLAN

1. DADDY-O STATES THE GENDER

When baby Stegall goes from water mammal to air-breathing and the gender is apparent for the world to see...please, fight the urge to announce the gender, show the baby to Mark (the daddy-O) and let him be the one to tell Cathi (the momma) if it is a boy or girl Stegall.

2. FOR YOUR EYES ONLY

Please, no person without a medical license (MD, RN, etc) should be allowed past Cathi's waist during delivery.

3. CALLING THE SHOTS

When the window of opportunity approaches for an epidural, please let Cathi know well in advance in order for momma & daddy-O to make an educated and rational decision not based on heroism (or idiocy for that matter).

4. KEEPIN' IT CLEAN

As much as we want to love and hug on the kiddo once it finally arrives, please wipe it down prior to placing it on momma's tummy - I'd rather have my first interaction with baby Stegall to be one free of ick and full of happiness.

Other:

On the off chance that baby Stegall chooses to make face-time via C-section, please adhere to birth plan #1...this is **VERY** important to us.

All other decisions are open for negotiation for the best interest of baby & family.